

Description of active substances

Soluble fibre

A new generation of prebiotics based on modified, enzymatically liquefied chicory **fructooligosaccharides** contributes to the natural recovery of intestinal microbiota. It is active in all parts of the intestine, both small and large. Our body cannot use, digest or absorb **fructooligosaccharides**. However, they are an important nutrient for our beneficial intestinal bacteria. In addition, they increase the production of butyrate by friendly intestinal bacteria in the large intestine. Butyrate is a highly beneficial substance for our bodies. It also serves as a source of energy for the cells of the intestinal mucosa, thereby helping them to restore its integrity.

Stevia sweet (Stevia rebaudiana Bertoni)

Stevia is a wild shrub growing in the tropical and subtropical regions of South and Central America. The main strength of this shrub is hidden in its leaves and stems that contain a substance called stevioside. This is 200–300 times sweeter than saccharose and has a negligible energy content. For centuries stevia has been used in natural medicine, so we have chosen just steviol glycosides as the sweetener for our products.

Dosage

We recommend **1× daily 20 ml, ideally in the evening after meals**. The syrup can be consumed directly or the recommended dose can be diluted in tea, water or another soft drink. It is a dietary supplement that is not suitable for pregnant or nursing women and children under 3 years. It is not intended as a substitute for a varied diet. Do not exceed the recommended dosage. Keep out of reach of children.

Ingredients: Aloe vera, juice made of flesh (Aloe vera) 6 660 mg, proteases (prolyl oligopeptidase from Aspergillus oryzae) 18 750 HUT*, vitamin C (L-ascorbic acid) 80 mg, papain, proteolytic enzyme (from papaya fruit, Carica papaya) 20 mg, bromelain, proteolytic enzyme (from pineapple, Ananas sp.) 20 mg, chicory fibre 2 200 mg, steviol–glycosides (stevia) 10 mg.

*) HUT – proteolytic activity, expressed by haemoglobin units as tyrosine (1 HUT unit represents enzyme activity that converts haemoglobin at a concentration of 1.1 mg/ml in one minute into tyrosine).



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VITALITY

Start up your immunity

Thanks to vitamin C and a combination of active substances such as papain, bromelain and proteases, supplemented with aloe vera, this syrup supports the proper functioning of the immune system.



Scan QR code for more detailed information on the ingredients



Main features

- This syrup is quickly absorbed – high bioavailability of the active ingredients
- Simple dosing
- Gluten-free, dairy-free
- Sweetened with soluble fibre
- Helps to strengthen the immune system
- Low glycaemic index

What it supports

- Natural defence capability (immune system)
- Antioxidant
- Purification and detoxification
- Normal blood sugar level
- Normal condition of the skin
- Normal functioning of intestinal microbiota
- Vitamin C contributes to normal energy metabolism
- Vitamin C contributes to the normal functioning of the nervous system

Aloe vera

Aloe vera or Aloe barbadensis Miller is known for its ability to retain sufficient water and nutrients. There are more than 200 Aloe species, but only 4 of them contain active ingredients. Vitality contains the one that is considered by many to be the most effective – Aloe barbadensis (Miller), which is native to Mexico. The most important substances found in this Aloe include specific polysaccharides, enzymes, vitamins, minerals and trace elements, organic acids, amino acids, sterols and others.

Vitamin C

Vitamins are substances that participate in a large number of biochemical processes in our bodies. These include vitamin C, which is known to have a significant impact on our immune system and as an antioxidant. The human body cannot produce vitamin C on its own. Therefore, we must take it in with food or dietary supplements. It helps to maintain the normal functioning of the immune system, normal energy metabolism, normal functioning of the nervous system, mental activity and to protect the cells against oxidative stress and to reduce fatigue and exhaustion.

Proteases and enzymes

Vitality contains the active substances papain and bromelain obtained from fruit. Suitable for vegetarians.



Aloe vera (Aloe barbadensis Miller)

It has the ability to retain sufficient water and nutrients.

Proteases and enzymes

The special composition of Harmonelo Vitality represents a highly effective combination of fungal, lipolytic and proteolytic enzymes, whose effect is much higher than that of the simple pancreatic protease contained in conventional products. Harmonelo Vitality contains a modern and highly effective broad-spectrum protease. It does not contain enzymes of animal origin, so it is also suitable for vegetarians and vegans. The active substances papain and bromelain are obtained from fruit. In addition, their efficacy is enhanced by a solution of **fructooligosaccharides** (soluble fibre). This fibre contributes to the protection of enzymes in the digestive tract and thus increases their efficiency. Thanks to the use of lyophilization - freeze-drying technology - the enzymes are highly stable.

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Soluble fibre

Like all our products, VITALITY syrup also contains a new generation of prebiotics based on enzymatically liquefied chicory **fructooligosaccharides**.



Stevia sweet

This product contains steviol glycosides as an additional ingredient.