

How does the process of producing custom probiotics work?

At Harmonelo we prepare a custom-made probiotic for each client with respect to the results of a microbial analysis and questionnaire answers. We carry out a comprehensive analysis of your intestinal bacteria. Based on the results of the analysis and your medical history we carefully design the composition of an individualized probiotic especially for you. The resulting effectiveness of the preparation is then at a completely different level than the standard probiotic available on the market.

What effects the gut microbiome?

- Antibiotic treatment disrupts comfort in the intestine.
- Disturbed balance increases the risk of complications in everyday life.
- The combination of a contaminated environment, stress, and inappropriate composition of food disrupts the level of diversity in the gut microbiome.

A simple process from the comfort of your own home

Fill in the
questionnaire
online in just
a few minutes.

Take a sample
from the
comfort
of your home.

Lab analysis of the sample.

Custom
production of
probiotics.

Sending a report (results) and delivery of the readymade probiotic to your home.



SMART PROBIO

Harmonelo Smart Probio

- An unique form of individualized probiotic supplement designed for those who really want to take care of their gut microbiome.
- Molecular biological analysis of the gut microbiome. With the Harmonelo Smart Probio, we analyze the relative presence of the main friendly genera (Lactobacillus, Bifidobacterium, Akkermansia, Shigella and Escherichia) and the strain ratio of Bacillota/Bacteroidota.
- Handmade production of a custom probiotic preparation which contains **30 million friendly bacteria** in a daily dose - optimal to positively modify the microbiome for the general population.
- Up to **50 bacterial strains** are used in the production of the probiotic.
- Production within 3 weeks of receiving the sample in the laboratory.
- The length of the treatment is **3 months**. 1 bottle contains probiotic mix and fiber for 14 days.
- The final report is sent electronically to the e-mail address given in the questionnaire.
- Smart Probio delivers individual benefits depending on the personalized combination of the probiotic mix.
- The product is completely free of preservatives and also contains citrus fibre, which provides excellent nourishment for the probiotic bacteria in the gut.

Quarterly Smart Probio treatment

Start of the project

1. Sample set

Molecular biological analysis

do Within 3 weeks

Production and delivery

of probiotics

within 3 weeks



What do you get from us?



Care of the gut
microbiome for
3 months



Live probiotics
for the selected
period



First-class care
with a personal
approach