

Description of active substances

Microbially activated (fermented) ginger

A number of studies have been published on the favourable effects of ginger. Microbially activated ginger is the result of a cascade of controlled fermentations, within which ginger is gradually activated by selected probiotic bacteria. These bacteria incrementally change the active ingredients from ginger to supermolecules, which have significantly higher absorbability and efficiency.

Soluble fibre

An absolute novelty is the use of a new generation of soluble fibre obtained from corn. It is gentle, and yet it retains the basic benefit – it has a strong prebiotic effect, i.e. it supports the growth of friendly bacteria in our intestines. It is active in all parts of the intestine, both small and large. Our body cannot use, digest or absorb corn fibre constituents. However they can be an important nutrient for our beneficial intestinal bacteria. In addition, they increase the production of butyrate by friendly intestinal bacteria in the large intestine. Butyrate is a highly beneficial substance for our bodies. It also serves as a source of energy for the cells of the intestinal mucosa, thereby helping them to restore its integrity.

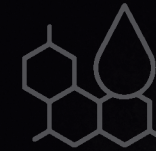
Stevia sweet (Stevia rebaudiana Bertoni)

Stevia is a wild shrub growing in the tropical and subtropical regions of South and Central America. The main strength of this shrub is hidden in its leaves and stems that contain a substance called stevioside. This is 200–300 times sweeter than saccharose and has a negligible energy content. For centuries stevia has been used in natural medicine, so we have chosen just steviol glycosides as the sweetener for our products.

Dosage

We recommend **2× daily 20 ml, ideally in the morning and in the evening after meals**. The syrup can be consumed directly or the recommended dose can be diluted in tea, water or another soft drink. It is a dietary supplement that is not suitable for pregnant and nursing women and children under 3 years. It is not intended as a substitute for a varied diet. Do not exceed the recommended dosage. Keep out of reach of children.

Composition: Water, soluble corn fibre, fish oil containing omega-3 fatty acids in the form of triacylglycerols and fatty acids, hemp oil with CBD (2%), vitamin B6 (pyridoxine hydrochloride), fermented ginger, thickener (xanthan gum), preservatives (potassium sorbate and sodium benzoate), sweetener (steviol glycosides), citric acid monohydrate, strawberry and blueberry aroma.



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RELAX

Mental well-being under control

Contributes to normal mental activity and to the proper functioning of the nervous system. It simultaneously promotes proper functioning of the immune system thanks to a combination of CBD, Omega 3 and vitamin B6.



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Main features

- Fast absorption – high bioavailability of the active substances
- Gluten-free and dairy-free
- Sweetened with soluble fibre from corn
- Gentle comfortable for digestion
- Natural liquid
- Low glycaemic index

What it supports

- Proper functioning of mind, nervous and immune systems
- Proper functioning of the body
- Support of intestinal bacteria
- Lowering the cholesterol level
- Promoting blood circulation



CBD (cannabidiol)

Belongs to a group of substances called cannabinoids, which occur naturally only in cannabis plants.

Omega-3

Highly important substance with an active effect on our body.



Omega-3

Omega-3 fatty acids, especially those with long chains, known as EPA and DHA are crucial for us. Omega-3 fatty acids are a group of essential fatty acids that are vital for our bodies. The body can only produce a limited amount of omega-3 fatty acids on its own, so we need to take them in through our diet. Omega-3 fatty acids protect the heart and blood vessels; they also play a key role in our proper daily functioning.



Vitamin B6 (pyridoxine hydrochloride)

Helps to maintain the proper functioning of mind, nervous and immune systems.

Vitamin B6 (pyridoxine hydrochloride)

Vitamin B6 is a water soluble vitamin. All forms of vitamin B6 can be found in food and are absorbed within the intestine. There are various excellent sources of vitamin B6, it can be found in animal products such as liver, meat and eggs. It can also be obtained from various plant products like fruits, vegetables, cereals or wholemeal bread. Cooking or heat treatment of these foods results in a decrease in the amount of vitamin B6 due to water loss. People with a high protein intake such as professional athletes or women using hormonal contraceptives need more of this vitamin. Larger doses promote the formation of red blood cells, normal functioning of the nervous system and proper mental activity. It plays a very important role in movement, energy and blood flow. Pyridoxine is helpful for our proper functioning, harmony and good mood.

Microbially activated ginger (fermented)

Using selected probiotic bacteria, we change the active ingredients from ginger to supermolecules with higher absorption and efficiency.



Soluble fibre

A new generation of soluble fibre obtained from corn. It is gentle and yet it retains the basic benefit. It has a strong prebiotic effect.



Stevia sweet

This product contains steviol glycosides as an additional.

CBD (cannabidiol)

One of the cannabinoids contained in cannabis, CBD acts primarily on CB1 receptors (those in the brain) by protecting them from activation. Hemp oil with CBD harmonizes the natural processes in the body. The truth is that it has a beneficial effect and is the subject of many studies. Hemp oil is cold pressed from seeds with natural concentrated CBD - Cannabidiol. The oil is made from legal varieties of cannabis and contains a cocktail of cannabinoids.