

Description of active substances

Selenium-enriched inactivated yeast

Selen ist ein wichtiges Spurenelement, das im menschlichen Körper mehrere Schlüsselfunktionen ausübt. Es ist Bestandteil des Enzyms Glutathionperoxidase, das für die Neutralisierung freier Radikale und den Schutz vor oxidativem Stress unerlässlich ist. Es ist also ein starkes Antioxidans. Selen trägt zur Immunität und zur allgemeinen Unterstützung des Immunsystems bei. Es trägt auch zum normalen Zustand unserer Haut bei. Selen aus inaktivierter Hefe zeichnet sich außerdem durch eine hohe Bioverfügbarkeit aus.

Coenzyme Q10 (ubiquinol)

Coenzyme Q10 is an important substance with an active effect on our organism. It can be naturally found in the human body. However, its production decreases with age. Therefore, it is necessary to supply the body with it. It is needed by every cell in the body, every muscle, and most of all by the heart.

Soluble fibre FOS

A new generation of prebiotics based on modified, enzymatically liquefied chicory fructooligosaccharides contributes to natural restoration of intestinal microbiota. It affects all parts of the intestine, both small and large. Fructooligosaccharides cannot be used, digested or absorbed by our body. However, they are an important nutrient for beneficial intestinal bacteria. In the colon, they also increase the production of butyrate by friendly intestinal bacteria. Butyrate is a very beneficial substance for our body. It also serves as a source of energy for intestinal mucosa cells, thus helping restore its integrity.

Vitamin K1

Vitamin K1, also known as phyloquinone, is an essential vitamin that plays an important role in many processes in our body. Vitamin K1 mainly affects blood clotting and is naturally found in leafy vegetables.

Vitamin K2

Vitamin K2 (menaquinone) is an important vitamin that has a beneficial effect on our heart and bones. It is crucial for bone mineralization and thus contributes to the efficient use of calcium in our bodies. Another benefit is the fact that it helps prevent the so-called calcification of blood vessels, which positively supports the health of our heart. It also supports normal blood clotting. It is mainly contained in animal and fermented products.

Vitamin D3

Vitamin D3 contributes to normal blood calcium levels and absorption/utilization of calcium and phosphorus. It helps maintain normal bone and teeth health, as well as proper muscle function. It is also involved in the process of cell division.

Dosage

20 ml once a day, ideally in the evening after a meal. The product can be consumed directly or you can dilute the recommended dose in tea, water or another drink. This is a dietary supplement that is not suitable for pregnant or lactating women and for children under the age of 3. This supplement is not intended as a substitute for a varied diet. Do not exceed the recommended dosage. Keep out of reach of children. Shake before use. Sediment occurs naturally.

Ingredients: Short-chain fructooligosaccharides (soluble fibre), cow colostrum, fermented and inactivated selenium-enriched yeast, fermented turmeric (*Curcuma longa*), vitamin K (phyloquinone, K2 MK-7 menaquinone), vitamin D3 (cholecalciferol), coenzyme Q10 (ubiquinol), citric acid, preservatives, natural vanilla flavor.



harmonelo

IMMUNITY

Immunity under control

Immunity is an innovative dietary supplement that provides a truly powerful immune system support that meets the highest sensory and functional standards. It contains bovine colostrum, selenium enriched with inactivated yeast, microbially activated turmeric and vitamins K1, K2 and D3. The product is also beneficial for our bones, muscles and teeth and also works as an excellent antioxidant with a positive effect on blood clotting, thyroid, hair or nails.



Scan the QR code
for information in
electronic form.



Main features

- High bioavailability
- Soy-free
- No artificial colours
- Gluten free
- Lactose free
- No artificial sweeteners

What it supports

- Strengthening the immune system
- Normal function of the gut microbiota
- Normal muscle health
- Normal bone health
- Normal teeth health
- Normal nail health
- Normal thyroid function
- Normal absorption of phosphorus and calcium
- Strengthening the hair structure
- Normal blood clotting
- Protection of cells from oxidative stress
- Antiageing



Colostrum

Nutritionally extremely rich fluid produced by the mammary glands of the parturient tura immediately after birth.

Colostrum *(beestings)*

Colostrum (beestings) is a precious liquid produced by the mother's mammary glands immediately after birth, containing a high amount of nutrients. It is vital for the survival of all newborn mammals. Colostrum boasts a unique composition, which has led some studies to suggest that it can have a very positive effect on our immunity and intestinal mucosa. Colostrum is rich in antibodies (immunoglobulins, lactoferrin) that are essential for our immunity, for example. It also contains growth factors (IGF-1, TGF-A, TGF-B or EGF) and some vitamins

and minerals. It can be considered a functional substance that can have a positive effect on our body. Less known is its use in the context of recovery after sports performance. The primary use of colostrum lies mainly in stimulating the immune system and regeneration. However, it is also valued for its ability to alleviate the symptoms of various allergies. Also worth mentioning is the long history of colostrum use in Ayurvedic and Egyptian medicine, where it has been used successfully in the past to help with chronic illnesses. This product contains bovine colostrum.

Microbially activated turmeric

The tuberous yellow orange rhizome contains curcumin, which has strong anti-inflammatory properties and supports joint and digestive health.



Inactivated yeast and selenium

Yeast produced by controlled fermentation enriched with selenium contains antioxidants, supports immunity and skin health.

Microbially activated turmeric

Turmeric is a spice that has been widely used in traditional Chinese medicine. The most valuable substance found in turmeric is curcumin, which is a valuable ingredient that boasts antioxidant and anti-inflammatory properties. It is capable of binding and eliminating free radicals. Another equally important property is its anti-inflammatory action. Turmeric supports the normal functioning of the cardiovascular system. It has a positive effect on our musculoskeletal system, as it supports the normal state of our bones and joints, as well as the functioning

Coenzyme Q10

A very important substance with an active effect on our organism.



Vitamin K1 and K2

To maintain proper function of the immune system and healthy bones.



Soluble fibre FOS

Like all our products IMMUNITY syrup contains a new generation of prebiotics based on enzymatically liquified chicory fructooligosaccharides.

of the nervous and respiratory systems. It also has a beneficial effect on skin health, which is why it is often used in the cosmetic industry. Turmeric also aids normal digestion and mental balance and contributes to the overall harmonisation of our organism. Our turmeric is also microbially activated, which massively increases its absorbability.