

Description of active substances

Soluble fibre FOS

A new generation of prebiotics based on modified, enzymatically liquefied chicory fructooligosaccharides contributes to the natural renewal of the intestinal microbiota. It acts in all parts of the intestine, both small and large. Fructooligosaccharides cannot be used, digested or absorbed by our body. However, they are an important nutrient for our beneficial gut bacteria. In the colon, they also increase butyrate production by friendly gut bacteria. Butyrate is a very beneficial substance for our bodies. It also serves as a source of energy for the cells of the intestinal lining, thus helping to restore its integrity (whole).

Dog rose

Contains high amounts of vitamin C and flavonoids. It is credited with having a positive effect on the normal functioning of the bladder, kidneys and digestion. It is considered to be an antioxidant, helping natural immunity, proper function of the immune and respiratory systems. It contributes to the good condition of your skin. It may also support normal joint health.

European goldenrod

It is a perennial herb of the star family. It is attributed with diuretic and disinfectant action. It has been used in folk medicine since ancient times. It is used especially for its inflorescence. It is valued for supporting normal kidney and urinary tract function. It also helps to promote metabolism. It contains several important bioactive substances, especially terpenoids, saponins, flavonoids or phenols.

Hoary willowherb

This plant from the umbelliferous family contains several beneficial substances. It is especially valued for its antioxidant effects. It contains flavonoids, tannins, glycosides and vitamin C. It can have a positive effect on the urinary tract or prostate. It can also be helpful for menstrual difficulties and menopause. It is recommended for general detoxification of the body. It is often used as a phytotherapeutic.

Milk thistle

A powerful and effective antioxidant that is credited with the ability to protect liver cells. It may support liver function and be helpful in fighting liver diseases (such as cirrhosis, hepatitis or fatty liver). It can also have a positive effect on the kidneys, normal digestion and cleansing the body. It is valued as a boost for natural defenses, regeneration and anti-inflammatory ability.

Liverwort

A perennial herb usually found in deciduous forests of temperate Europe. Since the Middle Ages, its marigold and flower have been used in folk medicine to support liver function. It can have a positive effect on fat metabolism, bile production and relieve inflammation. It has a diuretic and beneficial effect on the urinary tract. It is also used for coughing difficulties.

Vitamin B6

Pyridoxine helps the production of haemoglobin and red blood cells, normal nervous system function and proper mental function, including sleep quality. B6 deficiency can cause fatigue and exhaustion. It plays a very important role in the movement and flow of blood. It contributes to the proper metabolism of fats, proteins and carbohydrates and may have a positive effect on liver function.

Vitamin B12

It contributes to the proper function of the immune system. It is important for the production of red blood cells, and its deficiency is associated with anemia, impaired memory and mental performance. The main source of vitamin B12 is animal products; it is almost absent in plant foods. It can have a positive effect on the regeneration and detoxification of liver cells.

Vitamin D3

Vitamin D3 (cholecalciferol) is literally a key element for our bones and teeth. It also has a positive effect on our immunity and defences. It is a fat-soluble vitamin. It is also important for our muscle tissue and for the absorption of calcium and phosphorus into our bodies. It is synthesized with the help of sunlight. It is formed in the skin and activated by the liver. Nowadays, many people suffer from its deficiency and do not take it in the amount that is needed.

Dosage

20 ml once a day in the morning before a meal. The product can be consumed directly or you can dilute the recommended dose in tea, water or another drink. This is a dietary supplement that is not suitable for pregnant or lactating women and for children under the age of 3. This supplement is not intended as a substitute for a varied diet. Do not exceed the recommended dosage. Keep out of reach of children. Shake before use. Sediment occurs naturally.

Ingredients: Short-chain fructooligosaccharides (soluble fibre), tyndallised probiotics (*Lactobacillus acidophilus* LA11-ONLly, *Bifidobacterium longum* BL88-ONLly, *Bifidobacterium bifidum* BB47, *Lactobacillus acidophilus* NCFM, *Lactocaseibacillus rhamnosus* HN001, *Lactobacillus acidophilus* KP-LA14 Pareve, *Lactiplantibacillus plantarum* ONLly, *Bifidobacterium lactis* BI-04), extracts from dog rose (*Rosa canina*), European goldenrod (*Solidago virgaurea*), hoary willowherb (*Epilobium parviflorum*), lovage (*Levisticum officinale*), milk thistle (*Silybum marianum*), liverwort (*Hepatica nobilis*) and reishi mushroom (*Ganoderma lucidum*), vitamin B6 (*Pyridoxine hydrochloride*), vitamin B12 (*Cyanocobalamin*), vitamin D3 (*Cholecalciferol*), preservatives, thickener, acidity regulator, sweetener (Stevia rebaudiana), natural maracuja flavour.



harmonelo

DETOX

Satisfied liver and kidneys

Harmonelo Detox is a liquid dietary supplement containing a completely unique blend of several valuable substances that contribute to the normal function of our main detoxifying organs, i.e. the liver and kidneys. Effective herbs and vitamins combined with a blend of specially selected tyndallized probiotics provide real support for cleansing our body, strengthening our natural immunity and helping the natural functioning of the kidneys and liver.



Scan the QR code for information in electronic form.



Main features

- Rapid absorption, high bioavailability
- Gluten-free, soy-free, lactose-free
- Also suitable for vegans and vegetarians
- 100% free of artificial colours and sweeteners
- Low glycaemic index
- Contains nutritionally rich active ingredients and probiotic mix

What it supports

- Complete detoxification of the body
- Supports normal kidney function
- Supports normal liver function
- Proper function of the immune system and natural defences
- Aids the formation of red blood cells
- Normal functioning of the nervous system
- Normal functioning of the digestive system
- Gut microbiome support
- Normal functioning of the urinary tract
- Contributes to proper lipid metabolism

Tyndallized probiotics

Substances that positively influence the development of the intestinal microbiota.



Lovage

It can support urinary tract function, digestion, relieve bloating and inflammation.

Reishi mushroom (reishi)

Natural reservoir of beta-glucans. May be beneficial for liver function.



Liverwort

It can have a positive effect on metabolism. It is used for liver support.

Milk thistle

A powerful and effective antioxidant that supports proper liver function.



Dog rose

Used to support normal bladder, kidney and digestive function.

European goldenrod

It is attributed with diuretic and disinfectant action.



Hoary willowherb

It is especially valued for its antioxidant effects and positive influence on the urinary tract.

Vitamin B6 and B12

Vitamin B6 maintains the proper functioning of the psyche, nervous and immune systems. Vitamin B12 is necessary for the proper functioning of blood formation and the nervous system.



Vitamin D3

Vitamin D3 contributes to the normal level of calcium in the blood as well as the absorption and utilisation of calcium and phosphorus.

Tyndallized probiotics

The probiotic cultures we use in this product contain tested and safe friendly bacteria that naturally inhabit the human digestive tract. In general, probiotics are substances that positively influence the development of intestinal microbiota. Harmonelo DETOX contains tyndallized probiotics. Tyndallization is a special heat treatment that allows probiotics to retain their beneficial effects while removing some of their disadvantages. Probiotics treated in this way can be stored at room temperature or in liquids without losing their beneficial effects. Tyndallized probiotics can have a very positive effect on digestion, the immune system, metabolism, prevention of diarrhoea, irritable bowel

syndrome, skin health, inflammation or, for example, infections. Harmonelo DETOX is composed of a mix of eight probiotic strains specially selected to support kidney and liver functions. Targeted probiotic strains include Lactobacillus acidophilus LA11-ONLLY, Bifidobacterium longum BL88-ONLLY, Bifidobacterium bifidum BB47, Lactobacillus acidophilus NCFM, Lactocaseibacillus rhamnosus HN001, Lactobacillus acidophilus KP-LA14 Pareve, Lactiplantibacillus plantarum ONLLY and Bifidobacterium lactis BL-04. There are up to 10 billion friendly bacteria in the daily recommended dose.

Reishi mushroom (reishi)

Reishi is considered one of the most valuable mushrooms. It contains a unique and beneficial blend of bioactive compounds. It is referred to as the longevity mushroom. It is an important source of antioxidants, vitamins, minerals, polysaccharides and sterols. This mushroom is also highly valued as a natural reservoir of beta-glucans. It is credited with promoting natural immunity (immune system function), may aid proper circulatory function and help maintain normal blood cholesterol levels. Reishi may be beneficial against liver disease for its potential ability to regenerate liver cells. It has been attributed with detoxifying and anti-inflammatory effects.

Lovage

Lovage (Levisticum officinale) is a perennial and versatile nutritionally rich herb that is popular not only for its culinary use, but also for its content of several active substances such as essential oils, vitamins, tannins, flavonoids or organic acids or coumarin derivatives and minerals. It has diuretic effects and can be helpful in kidney and urinary tract problems. It may be beneficial against flatulence, promote digestion and help with heartburn. It is also widely used for its anti-inflammatory action and for potential respiratory relief from coughs. The herb has been attributed with regenerative, antioxidant and detoxifying effects. It is used in medicine.